

ELDER HELP PEEL PRESENTS

# Healthy Living Aging Well

**Sunday, October 6th 2024**  
**9:30AM - 4:00 PM**

*Bob Callahan Flower City  
Seniors Recreation Centre*

8870 McLaughlin Road S,  
Brampton, Ontario, L6Y 5T1



## Seniors Information Fair



### 40 Exhibitors

Providing information on  
Healthy Living & Aging well



### Guest Speakers

A broad range of subjects  
important to seniors



### Wellness Checks

On-Site Wellness Checks  
for seniors



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[www.elderhelppeel.org](http://www.elderhelppeel.org)