



REXDALE
COMMUNITY HEALTH CENTRE



Information & Active Living Fair

Adults 55+ & Their Families



Thursday, October 10th, 2024
Kendelton Auditorium
121 Kendleton Drive
10:00 am - 2:00 pm



No Charge—All Welcome!!

- **Information Booths**
- **Door Prizes**
- **Health Screening Clinics**
- **Healthy Living Workshops**
- **Fitness Demonstrations**
- **Refreshments**
- **Entertainment**

This event is co-hosted by RCHC and the OACAO and is sponsored by the Ontario Ministry for Seniors and Accessibility.



CENTRE DE SANTÉ COMMUNAUTAIRE
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Older Adult Centres' Association of Ontario
Association des centres pour aînés de l'Ontario
OACAO
The Voice of Older Adult Centres
La voix des centres pour aînés



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