

THE ECHO CENTRE'S

# SENIORS ACTIVE LIVING FAIR

NOVEMBER 26TH

9:00AM - 4:00PM

Drop in at any point during the day  
**RSVP FOR LUNCH BY  
NOVEMBER 15**

PRESENTATIONS AND  
DEMONSTRATIONS WILL BE  
TAKING PLACE THROUGHOUT  
THE DAY!

CONTACT US TO REGISTER OR FOR  
MORE INFORMATION:  
613-628-2354 OR  
INFO@EGANVILLESENIORS.COM

- Learn more about living a Healthy and Active lifestyle
- **FREE OF CHARGE**
- Light Lunch Provided
- **ALL ARE WELCOME!**



Funding provided by:

