



# Senior's Active Living Fair



**All Free!**

\* **Presentations**

\* **Demonstrations**

\* **Seminars**

\* **Swimming and Skating**

\* **Lunch**

Meet vendors and partake in presentations, seminars, and demonstrations to teach you about the resources and opportunities for seniors in our community.



**Thursday November 14, 2024**



**Nick Smith Centre  
77 James Street, Arnprior**



**10:00am - 2:00pm**

**FREE ADMISSION**