



Technology Information and Knowledge Sharing Virtual Workshop

Tuesday, May 6, 2025

10am - 11:15am EDT via Zoom & Toll free

**Workshop Facilitator: Human Endeavour / HOPE Resource Hub
SALC, Technology, Access, Support for Seniors (TASS)**

**Workshop Theme:
Information about Social Media for Seniors**

Topics covered in this virtual workshop:

- What is Social Media?
- Why should seniors use social media?
- Popular social media platforms
- How to get started with Social Media
- How to stay safe on Social Media?
- Benefits of social media for seniors?
- Question & Answer period

Free for Seniors Active Living Centres (SALCs), OACAO members and organizations serving seniors. (Register in Advance)

To Register Visit: <https://oacao.wildapricot.org/event-6115973>

For registration questions, contact OACAO: 905-584-8125 or
TOLL FREE 1-866-835-7693 or email coordinator@oacao.org